



2016/2017 WEEKS 1-3

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Butcher's Sausages with Yorkshire Pudding Cheese & Bean Parcel Gravy Mash Potato Broccoli/Sweet corn	Beef or Quorn Bolognaise Tomato Pasta Bake Boiled Rice Mixed Vegetable Fajita Wraps	Roast Turkey, Stuffing & Gravy Quorn Sausages Roast Potatoes Boiled Potatoes Carrots/Cabbage	Fish Cakes Cheese Pizza Warm Pasta Salad Sweet corn/Grated Carrot	Cod Fish Fingers Cheese Quiche Chips ½ Jacket Potato Peas/Coleslaw Chocolate or Plain Cookies
Week 2	Chicken or Quorn Tomato Casserole Rice Macaroni Cheese Peas/Carrots	Homemade Sausage Roll ½Jacket Potato Grated Cheese Tuna Mayonnaise Baked Beans/Broccoli	Roast Turkey & Gravy Lentil Hot Pot Roast potatoes Mash Potato Cabbage/Sweet corn	Beef or Quorn Bolognaise Pasta Vegetarian Kebab Rice Pasta Bake Carrot Batons	Cod Fish Fingers Cheesy Pin Wheels Chips ½ Jacket Potato Peas/Coleslaw Ice Cream or Cookies
Week 3	Beef or Quorn Burgers in a bun Homemade Tomato Relish Vegetable Curry & Rice Peas/Grated Carrot	Cheese Pizza Fish Cakes Warm Pasta Salad Sweetcorn/Grated Carrot	Roast Beef & Yorkshire Pudding Gravy Vegetable Lasagna Roast/Boiled Potatoes Broccoli/Carrots	Chicken or Quorn pieces in Gravy with a pastry top Tomato Pasta Bake Mash Potato Vegetable Medley	Cod or Salmon Fish Fingers Cheese Slice Chips Peas/Sweet corn Ice Cream or Frozen Mousse

AVAILABLE DAILY:

Salad Bar • Freshly Baked Bread • Yoghurt • Fresh Fruit Pot

